

LUCAS OIL AMA PRO MOTOCROSS CHAMPIONSHIP
PALA NATIONAL
PALA RACEWAY - PALA, CA
ROUND 12 OF 12 - SEPTEMBER 11, 2010
450 Motocross



INDIVIDUAL TIMES - 450 GROUP A PRACTICE 2

5 Ryan Dungey
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:46.495	1:22.342	24.153	-
2	46.371	1:12.514	37.462	2:36.346
3	44.425	1:19.431	28.164	2:32.020
4	43.988	1:13.810	27.305	2:25.103
5	44.419	1:10.629	21.265	2:16.312
6	44.182	1:10.566	20.625	2:15.372
7	44.660	1:11.557	20.939	2:17.157
AVG	44.674	1:14.407	21.745	2:23.718
IDEAL	43.988	1:10.566	20.625	2:15.179

14 Kevin Windham
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:52.963	1:27.115	25.848	-
2	55.584	1:21.535	21.194	2:38.313
3	45.681	1:14.293	26.254	2:26.228
4	1:18.867	1:11.742	21.900	2:52.509
5	47.657	1:28.509	22.213	2:38.378
6	45.022	1:11.272	21.024	2:17.318
AVG	46.120	1:14.711	21.583	2:30.059
IDEAL	45.022	1:11.272	21.024	2:17.318

23 Justin Brayton
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:40.037	1:17.569	22.468	-
2	46.071	1:12.898	21.342	2:20.311
3	44.964	1:12.824	21.425	2:19.214
4	1:15.189	1:13.951	22.240	2:51.380
5	46.564	1:13.796	21.293	2:21.653
6	46.657	1:13.948	21.606	2:22.211
7	45.286	1:11.722	22.193	2:19.201
AVG	45.908	1:13.815	21.795	2:20.518
IDEAL	44.964	1:11.722	21.293	2:17.980

24 Brett Metcalfe
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:48.260	1:25.251	23.009	-
2	44.337	1:12.807	21.288	2:18.432
3	44.930	1:11.272	21.394	2:17.596
4	1:00.350	1:33.156	27.123	3:00.629
5	45.584	1:12.116	21.467	2:19.166
6	44.458	1:10.561	21.263	2:16.282
AVG	44.827	1:11.689	21.684	2:17.869
IDEAL	44.337	1:10.561	21.263	2:16.161

26 Michael Byrne
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:47.631	1:24.614	23.017	-
2	45.832	1:13.804	22.289	2:21.925
3	46.026	1:14.059	22.072	2:22.157
4	45.773	1:13.132	22.119	2:21.023

5	1:52.947	1:35.113	30.094	3:58.153
6	46.211	1:13.658	21.913	2:21.781
AVG	45.960	1:15.853	22.282	2:21.722
IDEAL	45.773	1:13.132	21.913	2:20.818

27 Nicholas Wey
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:39.310	1:15.610	23.700	-
2	45.238	1:11.789	21.564	2:18.592
3	53.410	1:20.118	27.576	2:41.103
4	44.405	1:11.742	21.772	2:17.920
5	1:18.967	1:21.073	22.540	3:02.580
6	45.148	1:11.311	21.827	2:18.286
7	55.732	1:20.583	23.275	2:39.591
AVG	44.931	1:16.032	22.446	2:27.098
IDEAL	44.405	1:11.311	21.564	2:17.281

29 Andrew Short
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	2:00.656	1:33.353	27.303	-
2	45.076	1:12.185	21.590	2:18.851
3	45.193	1:11.440	21.681	2:18.314
4	56.765	1:26.644	29.528	2:52.938
5	44.628	1:12.042	20.919	2:17.589
6	45.166	1:12.016	21.112	2:18.293
AVG	45.016	1:11.921	21.325	2:18.262
IDEAL	44.628	1:11.440	20.919	2:16.987

35 Matthew Goerke
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:47.328	1:24.162	23.166	-
2	46.748	1:13.070	23.130	2:22.948
3	44.945	1:13.020	21.678	2:19.643
4	1:33.554	1:29.199	23.873	3:26.626
5	45.907	1:12.370	21.549	2:19.826
6	46.098	1:12.485	21.320	2:19.903
AVG	45.924	1:15.021	22.452	2:20.580
IDEAL	44.945	1:12.370	21.320	2:18.635

41 Kyle Regal
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	2:04.185	1:37.780	26.405	-
2	44.985	1:11.832	21.472	2:18.288
3	50.618	1:29.193	23.882	2:43.693
4	45.106	1:12.589	21.134	2:18.829
5	1:13.424	1:22.939	24.241	3:00.604
6	45.026	1:12.415	21.748	2:19.189
AVG	46.434	1:14.944	22.495	2:25.000
IDEAL	44.985	1:11.832	21.134	2:17.951

42 Ben Evans
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:39.849	1:16.729	23.120	-

2	46.480	1:12.460	21.842	2:20.782
3	46.683	1:12.060	21.887	2:20.630
4	46.353	1:13.181	22.162	2:21.695
5	2:42.952	1:25.278	26.150	4:34.380
6	46.748	1:18.868	22.691	2:28.307
AVG	46.549	1:15.862	22.813	2:22.439
IDEAL	46.353	1:12.060	21.842	2:20.255

46 Ryan Sipes
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:48.281	1:25.834	22.447	-
2	44.939	1:17.557	21.204	2:23.699
3	44.778	1:11.246	20.807	2:16.831
4	44.948	1:11.062	21.258	2:17.269
5	58.633	1:26.163	29.236	2:54.032
6	44.654	1:10.384	21.000	2:16.038
7	54.083	1:13.045	27.841	2:34.970
AVG	44.830	1:12.659	21.343	2:21.761
IDEAL	44.654	1:10.384	20.807	2:15.845

55 Kyle Chisholm
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:57.544	1:30.266	27.278	-
2	45.651	1:12.177	21.915	2:19.742
3	44.820	1:11.573	21.669	2:18.062
4	56.785	1:20.666	36.661	2:54.112
5	44.666	1:12.459	21.706	2:18.831
6	57.779	1:21.686	36.636	2:56.101
AVG	45.046	1:15.712	21.763	2:18.879
IDEAL	44.666	1:11.573	21.669	2:17.908

57 Jarred Browne
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:51.860	1:27.801	24.059	-
2	46.918	1:14.993	21.723	2:23.634
3	46.696	1:13.772	21.469	2:21.937
4	1:01.894	1:48.466	21.474	3:11.833
5	46.853	1:13.753	22.011	2:22.618
6	47.223	1:13.837	21.086	2:22.146
AVG	46.922	1:16.831	21.970	2:22.583
IDEAL	46.696	1:13.753	21.086	2:21.535

58 Weston Peick
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:48.145	1:24.495	23.650	-
2	54.468	1:17.128	23.311	2:34.907
3	46.966	1:13.867	22.039	2:22.872
4	46.670	1:14.300	22.653	2:23.622
5	1:58.744	1:21.870	24.261	3:44.875
6	47.482	1:18.791	24.284	2:30.557
AVG	48.896	1:18.409	23.366	2:27.989
IDEAL	46.670	1:13.867	22.039	2:22.575

P - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

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63 Sean Borkenhagen
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:48.513	1:26.246	22.267	-
2	45.877	1:13.878	21.479	2:21.234
3	55.902	1:25.979	22.641	2:44.522
4	46.129	1:14.938	22.543	2:23.610
5	46.516	1:14.465	22.390	2:23.371
6	46.373	1:13.361	21.995	2:21.729
AVG	46.224	1:18.145	22.219	2:26.893
IDEAL	45.877	1:13.361	21.479	2:20.717

68 Robert Kiniry
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:45.774	1:22.475	23.299	-
2	46.095	1:12.900	22.115	2:21.109
3	45.676	1:22.513	27.030	2:35.218
4	45.657	1:13.236	22.517	2:21.410
5	1:44.148	1:47.211	30.339	4:01.697
6	45.916	1:16.021	37.822	2:39.759
AVG	45.836	1:17.429	22.643	2:29.374
IDEAL	45.657	1:12.900	22.115	2:20.672

69 Adam Chatfield
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:53.789	1:29.630	24.159	-
2	46.380	1:16.371	25.126	2:27.877
3	46.164	1:13.967	21.657	2:21.787
4	45.844	1:13.838	21.806	2:21.488
5	45.554	1:13.083	22.035	2:20.672
6	2:28.449	1:57.712	25.268	4:51.429
AVG	45.985	1:14.315	23.342	2:22.956
IDEAL	45.554	1:13.083	21.657	2:20.294

73 Ben LaMay
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:51.554	1:27.480	24.074	-
2	46.541	1:14.724	21.904	2:23.169
3	45.325	1:14.005	22.511	2:21.841
4	53.491	1:30.462	29.843	2:53.797
5	45.678	1:13.803	22.127	2:21.608
6	57.532	1:28.758	24.763	2:51.053
AVG	47.759	1:17.503	23.076	2:22.206
IDEAL	45.325	1:13.803	21.904	2:21.032

88 Ricky Renner
KTM 450 XC

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:40.734	1:18.362	22.372	-
2	45.852	1:12.662	21.689	2:20.202
3	45.792	1:12.796	23.018	2:21.606
4	3:04.893	1:45.826	23.685	5:14.404
5	1:01.265	1:22.480	24.156	2:47.901

AVG	45.822	1:16.575	22.984	2:29.903
IDEAL	45.792	1:12.662	21.689	2:20.143

101 Ben Townley
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:44.812	1:23.138	21.674	-
2	45.151	1:13.210	20.801	2:19.161
3	45.113	1:31.703	39.539	2:56.355
4	44.848	1:11.613	21.647	2:18.108
5	1:02.242	1:35.909	20.888	2:59.040
AVG	45.037	1:15.987	21.253	2:18.634
IDEAL	44.848	1:11.613	20.801	2:17.261

111 Michael Sleeter
KTM 350 SXF

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:52.966	1:27.528	25.438	-
2	46.128	1:15.030	21.929	2:23.087
3	46.721	1:22.980	31.702	2:41.403
4	46.833	1:20.698	28.260	2:35.791
5	46.930	1:16.817	22.775	2:26.521
6	56.430	1:27.827	25.839	2:50.097
AVG	46.653	1:21.813	23.995	2:35.380
IDEAL	46.128	1:15.030	21.929	2:23.087

122 Daniel Reardon
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:53.572	1:28.386	25.186	-
2	45.219	1:12.503	21.326	2:19.047
3	55.897	1:21.212	24.762	2:41.871
4	45.589	1:26.179	29.850	2:41.618
5	45.729	1:13.357	22.587	2:21.673
6	58.779	1:28.796	24.727	2:52.302
AVG	45.512	1:18.313	23.718	2:31.052
IDEAL	45.219	1:12.503	21.326	2:19.047

209 Heath Harrison
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:56.746	1:33.449	23.297	-
2	46.548	1:24.879	31.993	2:43.420
3	46.613	1:14.270	21.824	2:22.707
4	47.108	1:15.339	22.927	2:25.374
5	46.744	1:14.310	22.581	2:23.635
6	46.671	1:16.236	22.764	2:25.670
AVG	46.737	1:17.007	22.678	2:28.161
IDEAL	46.548	1:14.270	21.824	2:22.642

241 Derek Anderson
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:54.403	1:24.886	29.517	-
2	48.289	1:14.607	22.196	2:25.093
3	49.497	1:24.821	23.603	2:37.921
4	46.206	1:13.859	22.186	2:22.251
5	46.572	1:14.636	22.090	2:23.298

6	46.341	1:12.808	22.258	2:21.408
7	46.157	1:18.523	24.474	2:29.153
AVG	47.058	1:17.119	22.724	2:25.790
IDEAL	46.157	1:12.808	22.090	2:21.054

309 Spencer Dally
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:55.406	1:29.940	25.466	-
2	47.249	1:16.256	22.283	2:25.788
3	46.787	1:14.789	23.026	2:24.602
4	47.338	1:15.476	22.889	2:25.704
5	55.078	1:31.751	28.264	2:55.093
6	47.973	1:15.105	22.357	2:25.436
AVG	48.885	1:15.407	23.204	2:25.382
IDEAL	46.787	1:14.789	22.283	2:23.859

520 Tony Gallo
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:53.509	1:30.757	22.752	-
2	45.987	1:14.182	23.279	2:23.448
3	47.884	1:16.517	21.618	2:26.019
4	46.247	1:15.001	22.323	2:23.571
5	58.061	1:34.097	31.654	3:03.812
6	46.998	1:15.717	22.065	2:24.780
AVG	46.779	1:15.354	22.408	2:24.454
IDEAL	45.987	1:14.182	21.618	2:21.787

652 Dustin Pipes
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:51.802	1:27.523	24.279	-
2	50.081	1:27.067	24.144	2:41.292
3	46.249	1:19.238	27.187	2:32.674
4	46.605	1:15.850	22.013	2:24.468
5	1:04.661	1:23.829	33.254	3:01.744
6	47.558	1:22.966	24.452	2:34.976
AVG	47.623	1:22.746	23.722	2:33.353
IDEAL	46.249	1:15.850	22.013	2:24.112

707 Alexander Millican
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:50.359	1:24.384	25.975	-
2	52.039	1:18.167	23.748	2:33.954
3	47.135	1:15.123	22.981	2:25.239
4	3:28.799	1:16.855	26.512	5:12.166
5	47.291	1:16.750	23.638	2:27.680
AVG	48.822	1:18.256	24.571	2:28.958
IDEAL	47.135	1:15.123	22.981	2:25.239

732 Tye Hames
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	2:07.357	1:33.597	33.760	-
2	45.878	1:14.756	22.740	2:23.374
3	45.774	1:21.027	44.889	2:51.690

P - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

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732

Tye Hames
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
4	46.451	1:32.214	23.372	2:42.036
5	46.937	1:23.933	33.404	2:44.274
6	46.283	1:16.217	22.663	2:25.162
AVG	46.557	1:20.075	23.017	2:37.158
IDEAL	45.774	1:14.756	22.663	2:23.192

800

Mike Alessi
KTM 350 SXF

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:54.766	1:30.493	24.273	-
2	45.294	1:11.394	21.064	2:17.752
3	44.889	1:12.239	21.602	2:18.730
4	3:10.932	1:40.484	34.193	5:25.609
5	45.373	1:11.960	22.072	2:19.405
AVG	45.185	1:11.864	22.253	2:18.629
IDEAL	44.889	1:11.394	21.064	2:17.347

817

Nicholas Paluzzi
Yamaha YZ450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:50.809	1:27.288	29.581	-
2	45.661	1:13.069	21.104	2:19.834
3	45.430	1:12.775	22.041	2:20.246
4	45.824	1:22.938	25.943	2:34.705
5	45.401	1:13.862	22.238	2:21.501
6	46.685	1:39.739	26.884	2:53.308
AVG	45.800	1:17.986	21.794	2:24.072
IDEAL	45.401	1:12.775	21.104	2:19.280



- lap ended in the pits



- lap ended on a red flag

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